



Branton Community Primary School and Breamish Valley Community Nursery

PE – 3 Is



Intention

- To nurture an existing enthusiasm for PE and sport, and promote enjoyment through exploring new activities.
- To be enthusiastic and to work hard, in order to achieve their full potential as future athletes.
- To provide the widest and best educational opportunities possible, by striving to offer inspirational, challenging and innovative learning opportunities.
- Provide a curriculum which allows all pupils to learn the importance of physical activity as part of a healthy lifestyle.
- Encourage active and healthy lifestyles for all pupils, with pupils being active every day.
- Deliver inclusive PE, sport and play opportunities, engaging all pupils and giving every pupil the opportunity to develop a range of physical skills.
- Utilise our extensive outdoor space to enrich and enhance all physical activities.
- Provide opportunities for all pupils to develop leadership and teamwork skills.
- Provide opportunities for pupils to compete, both against their own personal bests and other pupils, to develop pupil's resilience and confidence.
- Allow pupils opportunities to develop and discover new interests and talents through a range of opportunities to try new sports and activities.

Implementation

- Provide at least two hours of high-quality PE each week.
- Plan and deliver a broad, engaging, developmental, sequenced curriculum that ensures coverage, inclusion and is challenging for all pupils.
- Plan and deliver active lessons, implement whole school Daily Mile, active playtimes and extra-curricular clubs like football, yoga, tennis etc.
- Provide competitive opportunities, both against their own personal bests and other pupils, which develop pupils' physical and social skills.

Impact

- Pupils throughout the school have positive attitudes to PE and appreciate the importance of physical activity as part of a healthy lifestyle.
- All pupils are active throughout the school day, supporting pupil's overall fitness.
- Pupils show increased confidence in their physical abilities as they progress through school.
- Pupils learn to manage their emotional and mental well-being through PE.
- Pupils develop strong leadership skills through sport and physical activity.
- Pupil voice is consulted in the design and delivery of physical activity within school, which makes activities more meaningful for pupils.
- Pupils can cooperate with others, as part of a team.